

Thankfully, some government pandemic restrictions are lifted and we are once again permitted to gather for worship with limited numbers.

Numbers are still restricted for Weddings and Funerals. The 2 meter rule still applies. The use of facemasks is recommended in places of worship.

Please sanitise your hands when entering and leaving the Churches. Please continue to uphold the safeguards required to ensure the safety of everyone.

### ST MARY'S CHURCH, FROSSES

Live-Streaming is available on <https://www.mcnmedia.tv/camera/st-marys-frosses-inver>

Sunday 1 <sup>st</sup> August	11:00am	Sunday Mass
Monday 2 <sup>nd</sup> August	10:00am	Mass
Tuesday 3 <sup>rd</sup> August	10:00am	Mass
Wednesday 4 <sup>th</sup> August	10:00am	Mass
Thursday 5 <sup>th</sup> August	10:00am	Mass
Friday 6 <sup>th</sup> August	10:00am	Mass
Saturday 7 <sup>th</sup> August	No Mass	
Sunday 8 <sup>th</sup> August	11:00am	Sunday Mass

**RECENTLY DECEASED:** Sandra Sweeney, Ramelton

**ANNIVERSARIES:** James Kelly, Frosses; James Brogan, Doonan; Margaret McHugh (nee Cannon Ballybrilligan); Seamus Montgomery

**ANNIVERSARIES, MONTH'S MINDS AND OTHER MASS INTENTIONS** Please arrange any of the above directly with Fr Sweeney at the Parochial House 074 9736006

**CHURCH COLLECTION:** Recent Collections €1960 Peter's Pence €190 Thank you to everyone for your continued support it is most welcome in this difficult time

**EXPOSITION OF THE BLESSED SACRAMENT** in Frosses will recommence in September. The number of volunteers committing to an hour of adoration will determine how many hours of exposition will be held.

**HOLY WATER:** Persons wishing to get Holy Water please bring your own empty bottle to the Sacristy where it can be filled.

### ST. NAUL'S CHURCH, ARDAGHEY

Masses can be heard on the local FM Radio at 108Mhz OR on Facebook live – ST NAULS PARISH INVER

Saturday 31 <sup>st</sup> July	6:00pm	Vigil Mass
<b>Sunday 1<sup>st</sup> August and Monday 2<sup>nd</sup> August – No Mass</b>		
Tuesday 3 <sup>rd</sup> August	10:00am	Mass
Wednesday 4 <sup>th</sup> August	10:00am	Mass
Thursday 5 <sup>th</sup> August	8pm – 10pm	Eucharistic Adoration
Friday 6 <sup>th</sup> August	No Mass	
Saturday 7 <sup>th</sup> August	6:00pm	Vigil Mass
Sunday 8 <sup>th</sup> August	No Mass	

**RECENTLY DECEASED:** Catherine (Philomena) Tracey

**EUCCHARISTIC ADORATION** will continue to take place Thursdays 8-10pm in the Church. It is intended to be 'Gethsemane' prayer vigil with Jesus during his Agony in the Garden. As he said to the sleeping St Peter: "Could you not keep watch with me one hour?" (Matt 26:40) Visitors are welcome to come for any or all of this time.

**CHURCH COLLECTION:** Recent Collection €500 Thank you to everyone for your continued support it is most welcome in this difficult time.

**FR MORTY UPDATE:** I was discharged from Letterkenny hospital last Wednesday and am staying with a friend in the Letterkenny area. I'm scheduled to return to Galway this Wednesday to begin the second cycle of chemotherapy. There is good news about how the cancer has responded to the treatment to date. The first cancer marker test taken a week after the start of the treatment fell by 50%; the next test showed a further reduction of 75%. By the time the second cycle is finished I should be in good shape to travel to the US for the CAR T CELL Therapy. I continue to be deeply appreciative of your kind thoughts and prayers even if I'm unable to acknowledge individually all your correspondences. My blog – Google fr morty blog – has daily updates. 

### CHURCH OF THE SACRED HEART, MOUNTCHARLES

Saturday 31 <sup>st</sup> July	7:30pm	Vigil Mass
Sunday 1 <sup>st</sup> August	11:00am	Sunday Mass
<b>Monday 2<sup>nd</sup> and Tuesday 3<sup>rd</sup> August – No Mass</b>		
Wednesday 4 <sup>th</sup> August	7:00pm	Mass (please note time change)
Thursday 5 <sup>th</sup> August	10:00am	Mass
Friday 6 <sup>th</sup> August	3 – 5pm	Adoration of the Blessed Sacrament – Confessions available
	7:00pm	Mass
Saturday 7 <sup>th</sup> August	10:00am	Mass
	7:30pm	Vigil Mass
Sunday 8 <sup>th</sup> August	11:00am	Sunday Mass

MASSES LIVESTREAMED VIA FACEBOOK LIVE, WEEKENDS ONLY IN MOUNTCHARLES.

"Sacred Heart/Holy Redeemer Chapel" Facebook page

Since away for two weeks not all weekend Masses livestreamed.

**ANNIVERSARIES:** Gerald Gallagher; Lizzie O'Donnell Porter (1<sup>st</sup> Anniversary)

**ADORATION OF BLESSED SACRAMENT:** Fridays from 3pm to 5pm. Confessions also available.

**SACRAMENT OF CONFESSION:** If in need of the Sacrament of Confession feel free to contact Fr. Ferry at any time

**CHURCH COLLECTION:** Recent Collection €680 Thank you for supporting your Church.

### CHURCH OF THE HOLY REDEEMER, DRIMARONE

Sunday 1 <sup>st</sup> August	9:30am	Sunday Mass
Tuesday 3 <sup>rd</sup> August	No Mass	
Sunday 8 <sup>th</sup> August	9:30am	Sunday Mass

All Drimarone Masses live streamed. Go to "Sacred Heart/Holy Redeemer Chapel" Facebook page.

**ANNIVERSARIES:** Dinny Furey

**CHURCH COLLECTION:** Thank you for your continued support

**VOLUNTEERS NEEDED FOR CLEANING THE CHAPEL,** MALE VOLUNTEERS VERY WELCOME, IF YOU WISH TO HELP

CONTACT MOYA CAMPBELL 074 9735309

**SINCERE THANKS** to all who have organised and assist in keeping the graveyard in Drimarone so well maintained and tidy. On behalf of the community thank you to one and all.

Thanks also to those who chipped, restored and pointed graveyard pillars to original condition. All greatly appreciated.

Realise that if a door closed, it's because what was behind it wasn't meant for you. (Mandy Hale)

**World Day for Grandparents and the Elderly:** Pope Francis said he is worried about how an individualistic society treats its older members, and he urged young people to give them love and attention. "I worry when I see a society full of people in constant motion, too caught up in their own affairs to have time for a glance, a greeting or a hug. Our grandparents, who nourished our own lives, now hunger for our attention and our love; they long for our closeness. Let us lift up our eyes and see them." In the pope's homily, he reflected on the Gospel passage from St. John, which recounts the story of when Jesus fed multitudes through the miracle of the five loaves and two fishes. He pointed to the last part of the passage, when Jesus directed his disciples to collect the leftover pieces of bread, so that "nothing may be lost." "This reveals the heart of God," he said. "Not only does he give us more than we need, he is also concerned that nothing be lost, not even a fragment. A morsel of bread may seem a little thing, but in God's eyes, nothing is to meant to be thrown away. Even more so, no person is ever to be discarded," he explained, adding that our grandparents and elderly "are not leftovers from life, scraps to be discarded." In January, Pope Francis established the World Day for Grandparents and the Elderly, to take place annually on the fourth Sunday of July, close to the feast of the grandparents of Jesus, Saints Joachim & Anne. Pope Francis encouraged the elderly to continue to spread the Gospel even in their old age: "There is something beautiful here. Your prayer is a very precious resource: a deep breath that the Church and the world urgently need," he stated. When Jesus fed the hungry crowd, he did so using loaves and fishes shared by a young man, he pointed out. "How touching it is, that at the heart of this miracle, by which some five thousand adults were fed, we find a young person willing to share what he had. In our societies, we have frequently surrendered to the notion of 'every man for himself.' But this is deadly," he said. "The Gospel bids us share what we are and what we possess, for only in this way will we find fulfilment." He urged young adults to visit their grandparents, their elderly relatives, and the older people in their neighbourhood. "They protected us as we grew, and now it is up to us to protect their lives, to alleviate their difficulties, to attend to their needs and to ensure that they are helped in daily life and not feel alone," he said. "When we were growing up and felt misunderstood or fearful about life's challenges, they kept an eye on us; they knew what we were feeling, our hidden tears and secret dreams," he continued. "They held us in their arms and sat us on their knees. That love helped us grow into adulthood. May we never regret that we were insufficiently attentive to those who loved us and gave us life," he stated. As part of the first World Day for Grandparents and the Elderly, the Vatican granted a plenary indulgence those who participate, either by attending a related spiritual event or by physically or virtually visiting the elderly, sick, or disabled on July 25. An indulgence is the remission of the temporal punishment due to sins that have already been forgiven. The usual conditions for a plenary indulgence, which must be met, are that the individual be in the state of grace [be living in friendship with God], have complete detachment from sin, and pray for the pope's intentions.

**REFLECTION:** Just sit with Me here; rest in My presence, relinquish all fear, let go of all you are grasping. I am your enough. I am all you need to be sure of, and you can always be sure of Me, of My love, My presence. Sit quietly with Me and breath in the wonder of My ever-presence, the assurance of My ever-present love. I am yours. Just be with Me.

Pamela Steinke.

### Sunday Collections – Upkeep of Churches

Thank you for continuing the contributions to parish funds, it is welcome in a difficult time.

**Parishioners are asked to place Sunday Envelopes in the box provided in each Church**

You may also contribute by Standing Order if you wish: **Bank account details:** Bank of Ireland, The Diamond, Donegal Town BIC: BOFIIE2D Branch Code: 90-48-35

**Frosses:** Inver Parish Account IBAN: IE75 BOFI 9048 3556 8662 33

**Ardaghey:** St Nauls Ardaghey IBAN: IE79 BOFI 9048 3556 8661 61

**Mountcharles:** Mountcharles Church Account IBAN: IE08 BOFI 9048 3556 8660 81

**Drimarone:** Drimarone Church Account IBAN: IE22 BOFI 9048 3556 8662 17



Join Accord as a Marriage Preparation Programme

**Facilitator.** Email [info@accord.ie](mailto:info@accord.ie) for an application form

Closing date for applications – Friday 27<sup>th</sup> August 2021

See notice boards for details.

Donegal ETB Further Education and Training (FET) Service, are currently recruiting for a wide variety of courses due to commence this coming autumn! See notice boards

**FREE Courses for unemployed women in Donegal** WISE – Women's Integration Skills & Employment is a free service for unemployed women in Donegal to assist and support women into education, employment and self-employment. As part of our service, we are offering FREE Paediatric First Aid, Customer Service and Personal Development courses to women who sign up with WISE. All courses beginning in September. First come, first served. For more information contact us: Gráinne 086 145 2250, Penny 086 145 2252, Michelle 086 145 2249. WISE is co-funded by the Department of Justice & Equality and the European Social Fund as part of the PEIL Programme 2014-2020. (Programme for Employability, Inclusion & Learning).

### ST NAULS

All our upcoming fixtures, results and match reports can be found on our Facebook page

**LADIES** There are no senior fixtures this week Our under 12s play the Four Masters on Sunday at 6 pm.

**SENIORS** play Termon in Termon on Sunday Seniors at 2pm Reserves at 3:30pm

**St Nauls Club Slotto draw.** The numbers drawn were 3 7 4 2 1 6 5. There was no winner of this weeks jackpot. Remember to purchase your ticket in Londis, Mountcharles, Cassidy's, Inver or from our online platform through Clubforce



Due to the pandemic Letterbarrow Celtic FC have been unable to hold any fundraising events so we are having a draw to raise vital funds for the club. Tickets are €20 each or 3 for €50. Great prizes: 1st: €1000 2nd: 500 litres oil supplied by Cosyhome Fuels 3rd: Gas barbecue supplied by Donegal Hardware 4th: Overnight stay for 2 in the Abbey Hotel 5th: Hamper Draw will take place 7th August Contacts: James Mc Groarty 0872680049, Bobby Mc Groarty 0879077881 Bluestack Centre 074- 9735564.

IF YOU NEED ASSISTANCE FROM THE ST VINCENT DE PAUL (FROSSES AREA)  
LOCAL CONFIDENTIAL NUMBER 087 7020601

### PAROCHIAL HOUSE TEL. NO's:

Frosses: 074 97 36006 Ardaghey: 074 97 36007 Mountcharles: 074 97 35009

Donegal Town: 074 97 21026 Killymard: 074 97 21929 Bruckless: 074 97 37015

THE IRISH CATHOLIC NEWSPAPER is on sale each week. Please ensure the continuation of this newspaper by purchasing a copy each week. Thank you